

APPETISERS

All appetisers come with a green salad and mint sauce

1. **PANEER TIKKA**£3.95
2. **TANDOORI LAMB CHOPS**£5.95
Tender pieces of lamb chops marinated in yoghurt and fresh ground spices, roasted in the tandoori on skewers
3. **KEBAB ROLL**£3.95
4. **STUFFED PEPPERS**£4.50
Peppers stuffed with mildly spiced chicken, vegetable or minced lamb
5. **TANDOORI FISH**£4.95
Delicately spiced, cooked in the tandoor with herbs
6. **DUCK TIKKA**£4.50
Pieces of duck marinated in yoghurt and spices, cooked in the tandoor
7. **CHICKEN BAHAR**£3.95
Tender chicken deeply marinated in spices and herbs, served shallow fried in breadcrumbs
8. **KING PRAWN BHAJI**£4.95
Whole size king prawn with shell, deep fried, cooked with onions, green pepper and a touch of gharam massala
9. **KING PRAWN PUREE**£4.95
10. **KING PRAWN BUTTERFLY**£4.95
King prawn cooked with breadcrumbs, deep fried. Delicately spiced with herbs
11. **MIXED STARTER**£4.95
Chicken tikka, lamb tikka and onion bhaji
12. **SAMOSAS MEAT OR VEGETABLE OR MIXED 1 VEG & 1 MEAT** £3.50
Triangular pastry stuffed with minced meat or vegetables
13. **CHICKEN CHAT MOSSALA**£3.50
Slightly hot, cooked with fresh lemon juice
14. **PRAWN PUREE**£3.95
Well fried prawns served on homemade bread
15. **SHAMI KEBAB**£3.95
Spicy minced meat, well fried in butter
16. **CHICKEN PAKORA**£3.50
Pieces of chicken cooked with bason flour, deep fried
17. **RESHMI KEBAB**£4.50
Spicy minced meat, well fried in butter and rolled up in an omelette
18. **CHICKEN CHAT PUREE**£3.95
Slices of chicken cooked with spices, served on homemade bread
19. **VEGETABLE PUREE**£3.95
20. **TANDOORI CHICKEN**£3.50
21. **CHICKEN TIKKA**£3.50
22. **LAMB TIKKA**£3.95
23. **SHEEK KEBAB**£3.95
24. **PRAWN COCKTAIL**£3.50
25. **ONION BHAJI**£3.50
26. **MELON**.....£3.50

CHEF'S BALTI SPECIALITIES

A traditional dish from the north-west frontier of Pakistan. Balti dishes are fried in pure ghee, cooked with garlic, ginger, fresh tomatoes, onion, capsicum, herbs and spices, garnished with fresh coriander, complete with nan

27. **BALTI CHICKEN TIKKA**£10.95
28. **BALTI LAMB TIKKA**£10.95
29. **BALTI CHICKEN TIKKA BHUNA**£10.95
30. **BALTI CHICKEN OR LAMB ROGAN**£10.95
31. **BALTI CHICKEN OR LAMB DUPIAZA**.....£10.95
32. **BALTI CHICKEN OR LAMB JALFREZI**£11.95
33. **BALTI KING PRAWN JALFREZI**£12.95
34. **VEGETABLE BALTI**.....£8.95

SHAPLA SPECIALS

35. **LAMB CHOP BHUNA**£11.95
Tender lamb chops cooked in a delicious sauce with onions, green peppers & tomatoes
36. **CHICKEN SATAY**£10.95
Barbecued chicken marinated in a special sauce, served with a delicious Malayan sauce
37. **TAWA CHICKEN**£9.95
Medium spiced cooked with onion, green peppers, tomatoes and served on a Tawa
38. **CHICKEN OR LAMB BENGAL JALFREZI**.....£8.95
Special marinated lamb or chicken tikka cooked with chillies, onion, coriander with a rich spicy sauce
39. **CHICKEN OR LAMB RAJOTHI** (medium hot)£9.95
Cooked with fresh ground spices, topped with mushroom, tomatoes and fried garlic
40. **HARI MIRCHI BHUNA GOSHT OR CHICKEN**£9.95
Tender lamb or chicken pieces cooked with fresh chilli, coriander, tomatoes, onions & Indian spices
41. **TANDOORI MIXED CURRY**.....£9.95
Off the bone tandoori chicken and sheek kebab cooked in specially prepared sauce, richly spiced with fried onion, fried ginger, garlic, mint sauce, yoghurt and coriander
42. **CHICKEN SAGARANA**£9.95
Cubes of tikka chicken marinated in special homemade fresh spicy sauce, mince balls & boiled egg, tomato, onion, potato, capsicum, mint & coriander. Garnished with fresh green salad
43. **TANDOORI CHEF'S SPECIAL**£11.95
Combination of tandoori dishes fried with spices and onions, served with fried bread
44. **MURGH NAWABI** Succulent pieces of chicken marinated in herbs and£11.95
spices with mushrooms, onions and tomatoes (coated in brandy)
45. **SHAPLA SPECIAL** (Chicken or Lamb)£10.95
Chicken breast or lamb cooked in a medium sauce with green pepper, tomatoes and onions with a touch of gharam massala, fairly hot

CHEF'S RECOMMENDATIONS

All the following dishes are cooked in a special clay oven called a tandoor

46. **CHICKEN OR LAMB MAKHANI** Succulent pieces of grilled£8.95
chicken breast or lamb cooked in a rich creamy, buttery sauce with fragrant spices
47. **CHICKEN OR LAMB CHILLI MOSSALA**£8.95
Chicken or lamb with fried green chillies and green peppers in a fairly hot sauce
48. **CHICKEN OR LAMB LAZIZ** Tender pieces of chicken or lamb£8.95
marinated with a touch of ginger, garlic and blended at a low temperature, served on sizzler
49. **GARLIC CHICKEN OR LAMB**£8.95
Barbecued chicken or lamb cooked with fresh garlic and spices in a medium rich sauce
50. **SPECIAL SHAPLA KORMA** (Chicken or Lamb)£8.95
Chicken breast or lamb cooked with mango, yoghurt, methi, herbs and spices
51. **GINGER HOT**.....£8.95
Barbecued chicken or lamb cooked with fresh ginger, spicy with deep fried chillies
52. **CHICKEN OR LAMB KORAI** Speciality from the Khyber Pass£8.95
Diced and grilled chicken or lamb with spices, chopped tomatoes and capsicum, served in the traditional iron korai
53. **DUCK KORAI**.....£11.95
54. **CHICKEN OR LAMB PESHWARI**.....£8.95
Cooked in the tandoor with spices, tomatoes, capsicum and onions
55. **DUCK PESHWARI**£11.95
56. **BUTTER CHICKEN**£9.95
Cooked with peeled tomatoes, butter, coconut, cream and boiled egg
57. **MURGH MOSSALA**£8.95
Chicken with spicy minced meat cooked in a thick mossala sauce
58. **KING PRAWN PESHWARI**£12.95
Cooked in the tandoor with tandoori sauce, tomatoes, capsicum and onions
59. **KING PRAWN MOSSALA**£12.95
Cooked with cream and various herbs and spices
60. **CHICKEN OR LAMB PASANDA**.....£8.95
Tender pieces of chicken or lamb marinated and cooked in cream with delicate herbs
61. **CHICKEN GREEN MOSSALA**£8.95
Cooked in the tandoor with fresh green herbs and spices, served in the traditional iron korai
62. **CHICKEN OR MEAT TIKKA MOSSALA**.....£8.95
Cooked in butter, cream and mossala sauce
63. **NON VEGETARIAN THALI**£15.95
Served with tandoori chicken, sheek kebab, meat curry, prawn bhuna, nan, pilau rice, raita and papadam
64. **VEGETARIAN THALI**.....£13.95
Served with tarka daal, vegetable curry, onion bhaji, nan, rice, raita and papadam

TANDOORI DISHES

All the following dishes are cooked in a special clay oven called a Tandoor.

All tandoori dishes come with a green salad and mint sauce

65. **TANDOORI LAMB CHOPS**£10.95
Tender pieces of lamb chops marinated in yoghurt and fresh ground spices, roasted in the tandoor on skewers
66. **CURRY COCKTAIL**£9.95
Chunks of barbecued lamb and chicken blended with medium mossala sauce, topped off with grilled tomatoes, onion and capsicum
67. **DUCK SHASHLICK**£10.95
Cooked on skewers with green pepper, tomatoes and onions
68. **DUCK TIKKA**£9.95
Boneless duck pieces marinated in spices & herbs, barbecued in the tandoor
69. **CHICKEN TIKKA**£6.95
Boneless chicken marinated with spices and herbs, cooked in the tandoor
70. **LAMB TIKKA**£8.95
Tender pieces of lamb marinated with various spices and grilled
71. **TANDOORI CHICKEN**£6.95
Spring chicken marinated with delicate herbs and spices, barbecued in the tandoor
72. **SHEEK KEBAB**£8.95
Minced lamb marinated with various spices and grilled in the tandoor
73. **TANDOORI MIXED GRILL**£10.95
Tandoori chicken, lamb tikka, chicken tikka and sheek kebab with nan
74. **TANDOORI KING PRAWN**£12.95
Specially spiced king size prawns cooked in the tandoor
75. **SHASHLICK** (Chicken or Lamb)£9.95
Boneless chicken or lamb marinated with various spices and grilled in the tandoor, cooked with tomatoes, capsicum and onions
76. **MIXED LAMB AND CHICKEN SHASHLICK**£10.95
77. **PANEER TIKKA**.....£7.95

TRADITIONAL DISHES

	CHIC	LAMB	KING			
	CHICKEN	LAMB	TIKKA	PRAWN	KING	VEG. PANEER
CURRY Medium£5.95£6.50£6.95£6.50£9.50£5.50 ..£6.95
MADRAS Fairly hot£5.95£6.50£6.95£6.95£9.50£5.50 ..£6.95
VINDALOO Very hot£5.95£6.50£6.95£6.95£9.50£5.50 ..£6.95
PHALL£6.50£7.50£7.95£6.95£9.50£5.50 ..£6.95
Extremely hot and highly flavoured						
KORMA Very mild£6.50£6.95£7.95£6.95£9.50£5.50 ..£6.95
JALFREZI£6.50£7.50£7.95£6.95£10.50£5.95 ..£6.95
Cooked with green herbs and green chillies, fairly hot						
BHUNA£5.95£6.50£6.95£6.95£9.50£5.50 ..£6.95
Well fried and spicy						
DOPIAZA£5.95£6.50£6.95£6.95£9.50£5.50 ..£6.95
Fried with onions						
DANSAK£5.95£6.50£6.95£6.95£9.50£5.50 ..£6.95
Sweet, sour and fairly hot with lentils						
ROGAN£5.95£6.50£6.95£6.95£9.50£5.50 ..£6.95
Spicy, cooked with tomatoes						
SAG Spinach.....£5.95£6.50£6.95£6.95£9.50£6.50 ..£6.95
CEYLON£5.95£6.50£6.95£6.95£9.50£5.50 ..£6.95
Madras strength with coconut						
METHI£5.95£6.50£6.95£6.95£9.50£5.50 ..£6.95
Well fried with fenugreek leaves						
CHANA£5.95£6.50£6.95£6.95£9.50£5.50 ..£6.95
Chick peas in garlic, ginger, chilli paste, lime juice and onions						
PATHIA Sweet & sour£5.95£6.50£6.95£6.95£9.50£5.50 ..£6.95

£5 OFF

ON DELIVERIES,
WHEN YOU SPEND £20
OR OVER *T&C APPLY

BIRIANY DISHES

All biryani dishes are served with vegetable curry

78. SPECIAL MIXED BIRIANY	Fried with chicken, lamb, prawns & various spices	£11.95
79. CHICKEN OR LAMB BIRIANY	Fried with basmati rice & various spices	£9.95
80. PRAWN BIRIANY	Fried with basmati rice and various spices	£9.95
81. KING PRAWN BIRIANY	Fried with basmati rice and various spices	£12.95
82. VEGETABLE BIRIANY	Fried with basmati rice and various spices	£7.95
83. SPECIAL TANDOORI CHICKEN BIRIANY	Tandoori barbecued chicken with basmati rice, topped with salad	£10.95
84. SPECIAL LAMB TIKKA BIRIANY		£10.95
85. SPECIAL CHICKEN TIKKA BIRIANY		£10.95

VEGETABLE SIDE DISHES

86. VEGETABLE TRAY	Bombay aloo, tarka dall, brinjal bhaji, vegetable curry	£10.95
87. VEGETABLE MOSSALA	Main dish Vegetables cooked with special Indian spices in a thick sauce	£6.95
88. POTATO BHAJI	Chopped potatoes cooked with onion and spices	£3.50
89. GARLIC MUSHROOMS		£3.75
90. CHANA MASSALA	Spicy chick peas	£3.50
91. DAAL SAMBA	Lentils and vegetables, slightly hot	£3.75
92. MIXED VEGETABLE		£3.50
93. DRY VEGETABLE CURRY		£3.50
94. BHINDI BHAJI	Okra	£3.50
95. BRINJAL BHAJI	Aubergine	£3.50
96. CAULIFLOWER BHAJI		£3.50
97. GARLIC POTATO	Potatoes cooked with garlic, ginger and spices	£3.75
98. MUSHROOM BHAJI		£3.50
99. SAG ALOO	Spinach and potato	£3.75
100. SAG BHAJI	Spinach	£3.50
101. BOMBAY ALOO	Potatoes and spices	£3.50
102. ALOO GOBI	Potato and cauliflower	£3.75
103. MOTTOR PANEER	Peas and cheese	£3.75
104. SAG PANEER	Spinach and cheese	£3.75
105. TARKA DALL	Spiced lentils fried in garlic	£3.75
106. ONION BHAJI		£3.50
107. CUCUMBER RAITHA	Spicy yoghurt	£2.50
108. GREEN SALAD		£2.50

DRINKS TO TAKEAWAY

COCA COLA	1.5ltr Bottle	£2.50
DIET COKE	1.5ltr Bottle	£2.50
LEMONADE	1.5ltr Bottle	£2.50
MINERAL WATER	1.5ltr Bottle	£2.50
KING FISHER	660ml Bottle	£3.95
KING FISHER	330ml Bottle	£2.30
COBRA	660ml Bottle	£4.50
CIDER	Small bottle	£2.30
HOUSE WINE	White/Red Bottle	£9.95

£5 OFF

ON DELIVERIES,
WHEN YOU SPEND £20
OR OVER *T&C APPLY

RICE & BREAD

109. CHICKEN RICE		£4.95
110. SAG RICE	Spinach and rice	£3.95
111. PLAIN RICE		£2.40
112. PILAU RICE		£2.50
113. PESHWARI RICE	Sweet rice with coconut and almonds	£3.95
114. KEEMA RICE		£4.95
115. LEMON RICE		£3.95
116. EGG PILAU		£3.95
117. PEAS PILAU		£3.95
118. MUSHROOM PILAU		£3.95
119. SPECIAL MIXED RICE		£3.95
120. SHAPLA SPECIAL RICE	Chicken and vegetable special mix	£4.95
121. PAPADAM		£0.70
122. SPICY PAPADAM		£0.70
123. CHILLI NAN		£2.95
124. CHEESE NAN		£2.95
125. NAN		£2.30
126. PESHWARI NAN	Stuffed with nuts and sultanas	£2.50
127. GARLIC NAN		£2.50
128. KEEMA NAN	Stuffed with spicy minced meat	£2.50
129. CHICKEN & CHILLI NAN		£3.50
130. VEGETABLE NAN		£2.50
131. CHAPATI		£1.95
132. PUREE		£1.95
133. ROTI	(Thick chapati)	£1.95
134. PARATHA		£2.30
135. STUFFED PARATHA		£2.50
136. CHUTNEYS	(Each) Mixed pickle, mango chutney, tomato & chilli, onion salad & mint sauce	£0.60

20% OFF

ALL COLLECTION ORDERS
(Excluding Special Gourmet Nights)

Any dish not on the menu can be prepared on request.
The management reserves the right to refuse service.
Allergy awareness: If you have any dietary restrictions, e.g
nuts, dairy products etc, please inform us.

OPEN 7 DAYS A WEEK INCLUDING HOLIDAYS



All major debit and credit cards accepted.

Languatec Printing & Wedding Services : 020 7247 8897

New Menu



SPECIAL GOURMET NIGHTS
Sunday to Thursday: 6pm to 11pm - £12.95
Friday & Saturday: 6pm to 11pm - £14.95
Choose any of the following dishes from our extensive menu
1 Starter, 1 Main Dish, 1 Side Dish,
1 Rice or Nan & Coffee
Takeaway £14.95
king prawn dishes £4 extra (Coffee not included)

FREE TAKE AWAY DELIVERY
On orders over £15 (within 3 miles radius)

01923 224 224

01923 817 876

103-105 Longspring, St. Albans Road,
North Watford, Hertfordshire, WD24 6PU

www.newshaplawatford.com
email: info@newshaplawatford.com